# COMMUNITY RESOURCE ASSISTANCE GUIDE

Pamlico County, NC

North Carolina Division of Workforce Solutions



# COMMUNITY RESOURCE ASSISTANCE GUIDE

## Pamlico County, NC

## Agricultural Services

**Agency Name:** NC Cooperative Extension – Pamlico County Center

Address: 13724 NC Hwy 55, Bayboro, NC 28515

Phone: 252.745.4121 Fax: 252.745.5082

Email: <u>daniel\_simpson@ncsu.edu</u>
Website: <u>pamlico.ces.ncsu.edu</u>

Hours of Operation: Monday – Friday from 8am-5pm (Except federal holidays)

Service(s) Offered: Partners with communities to deliver education and technology that enrich

the lives, land and economy of North Carolinians.

Agency Name: USDA North Carolina Farm Service Agency

Address: 13724 Hwy 55 East, Alliance, NC 25809

Phone: 252.745.5064 Ext. 2

Fax: 844.325.6901

Email: <a href="mailto:amy.coffey@usda.gov">amy.coffey@usda.gov</a>
Website: <a href="mailto:www.fsa.usda.gov">www.fsa.usda.gov</a>

Hours of Operation: Monday – Friday from 8am-4:30pm (Except federal holidays)

Service(s) Offered: Offers aerial photography, disaster assistance programs, conservation

programs, agricultural risk coverage & price loss coverage, energy programs, farm loan programs, farm reconstitutions, public affairs and

outreach services.

#### **Business Services**

**Agency Name:** Eastern Carolina Workforce Development Board

Address: 1341 S. Glenburnie Road, New Bern, NC 28562

 Phone:
 252.636.6901

 Fax:
 252.638.3569

 Email:
 admin@ecwdb.org

 Website:
 www.ecwdb.org

Hours of Operation: Monday – Friday from 9am-5pm

Service(s) Offered: Collaborates with local businesses, government, and education partners to

develop effective programs and services that improve the workforce. In doing so, we are creating a talent pipeline that will result in satisfied employers offering long-term employment and increased wage earnings.

Agency Name: Pamlico County Chamber of Commerce
Address: 10642 NC Hwy 55 E, Grantsboro, NC 28529

Phone: 252.745.3008

Email: <a href="mailto:pamlicochamber@gmail.com">pamlicochamber@gmail.com</a>
Website: <a href="mailto:www.pamlicochamber.com">www.pamlicochamber.com</a>

Service(s) Offered: Advances the general welfare and prosperity of Pamlico County so that its

citizens and all areas of its business community shall prosper. It encourages the growth of existing industries and businesses while giving

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all proper assistance to any new firms or individuals seeking to locate in

the Pamlico County area.

**Agency Name:** Pamlico County Office of Economic Development

Address: 302 Main Street, Bayboro, NC 28515

Phone: 252.745.3081

Email: <u>beth.bucksot@pamlicocounty.org</u>

Website: <a href="https://www.pamlicocounty.org">www.pamlicocounty.org</a>
Hours of Operation: Call for an appointment

Service(s) Offered: Provides information and assistance in the areas of improving the business

climate; promoting economic development via identified sustainable economic growth pathways; assisting entrepreneurial activities, tourism and other business opportunities; and providing a variety of economic development and other services and information to residents, visitors,

developers and businesses interested in Pamlico County.

#### Childcare/Youth Services

**Agency Name:** Coastal Community Action

Address: 303 McQueen Ave., Newport, NC 28570

Phone: 252.223.1630 Fax: 252.223.1689

Email: catissa.head@coastalca.org

Website: www.coastalca.org

Hours of Operation: Monday – Friday from 8am-5pm

Service(s) Offered: Help change lives by providing needed resources and support. Provides

needed services to thousands of residents in our region annually. This includes Head Start and Early Head Start program. Serve the following

counties: Carteret, Craven, Jones, and Pamlico Counties.

**Agency Name:** Department of Social Services

Address: 828 Alliance Main Street, Bayboro, NC 28515

Phone: 252.745.4086 Fax: 252.745.7384

Email: <a href="mailto:dgreen@pamlicodss.net">dgreen@pamlicodss.net</a>
Website: <a href="mailto:www.pamlicocounty.org">www.pamlicocounty.org</a>

Hours of Operation: Monday - Friday from 8am-5pm

Service(s) Offered: Provides Children's Services, Child Support, Adult Services, Energy

Assistance Support, Food Stamp/Work First (TANF), Medicaid and

Transportation for the citizens of Pamlico County.

**Agency Name:** Heartworks

Address: 705 Main Street, Bayboro, NC 28515

Phone: 252.745.9703 Fax: 252.745.9706

Email: <a href="mailto:info@heartworksnc.org">info@heartworksnc.org</a>
Website: <a href="mailto:www.heartworksnc.org">www.heartworksnc.org</a>

Hours of Operation: Please call for an appointment.

Service(s) Offered: Addresses the underserved mental and physical health needs of youth and

their families in Pamlico County and surrounding areas. Programs includes

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academic lessons, life skills development, the promotion of positive physical and mental health, and family advocacy. Provide children and their families with affordable and effective resources.

**Agency Name:** Pamlico County Schools

Address: 507 Anderson Drive, Bayboro, NC 28515

Phone: 252.745.4171

Website: <a href="https://www.pamlicocountyschool.org">www.pamlicocountyschool.org</a>
Hours of Operation: <a href="https://www.pamlicocountyschool.org">Monday – Friday from 7:30am – 4pm</a>

Service(s) Offered: Prepares all students for further education and to be productive, responsible

citizens who function effectively in a changing world.

**Agency Name:** Pamlico Child & Family Therapy 13814 NC-55, Bayboro, NC 28515

Phone: 252.745.7401 Fax: 252.745.7400 **Mobile Crisis: 866.437.1821** 

Email: <a href="mailto:pamlicocft@gmail.com">pamlicocft@gmail.com</a>
Website: <a href="mailto:www.pamlicocft.com">www.pamlicocft.com</a>

Hours of Operation: Please call for an appointment.

Service(s) Offered: Provides personalized outpatient therapeutic services to children, families

and adults. Services include Eye Movement Desensitization & Reprocessing with a Certified Clinician, therapy for depression & anxiety, school risk assessments, stress & anger management, conflict resolution, couples & family therapy, comprehensive clinical assessment, trauma focused cognitive behavioral therapy, grief counseling, behavioral modification, ADD & ADHD assistance, substance use evaluation &

therapy, expressive arts therapy and medication management.

**Agency Name:** Pamlico Partnership for Children Address: 702A Main Street, Bayboro, NC 28515

Phone: 252.745.7850

Email: <a href="mailto:susan@pamlicopartnership.org">susan@pamlicopartnership.org</a>
Website: <a href="mailto:swww.pamlicopartnership.org">www.pamlicopartnership.org</a>

Hours of Operation: Monday – Friday from 8am-5pm (Except county holidays)

Service(s) Offered: Provides programs and services for children ages 0 to 5. Supports child

care, serves as a community resource and is a support of a growing effort

to aid families and children in Pamlico County.

#### Clothing/Furniture

**Agency Name:** Hospice Thrift Store of Pamlico Address: 602 Main Street, Bayboro, NC 28515

Phone: 252.745.5033

Email: <a href="mailto:tonya@hospiceofpamlico.com">tonya@hospiceofpamlico.com</a>
Website: <a href="mailto:www.hospiceofpamlico.org">www.hospiceofpamlico.org</a>

Hours of Operation: Monday – Friday from 10am-4pm & Saturday 10am-1pm

Service(s) Offered: Retail store, clothing and other items at low cost.

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Agency Name: Pamlico County ReStore, Habitat for Humanity

Address: 14172 Hwy 55 West, Bayboro, NC 28515

Phone: 252.745.1106

Email: <a href="mailto:hghpamlico@gmail.com">hghpamlico@gmail.com</a>
Website: <a href="mailto:www.pamlicocountyhabitat.org">www.pamlicocountyhabitat.org</a>
Hours of Operation: <a href="mailto:Monday">Monday — Saturday from 10am-3pm</a>

Service(s) Offered: Retail store, clothing and other items at low cost.

**Agency Name:** Salvation Army Thrift Store
Address: 13708 NC-55, Bayboro, NC 28515

Phone: 252.745.3528

Website: <u>www.salvationarmyusa.org</u>

Hours of Operation: Monday – Saturday from 9am-4pm (Except holidays)
Service(s) Offered: Retail store, clothing and other items at low or no cost.

#### Disaster/Emergency Services

Agency Name: American Red Cross – Coastal Carolina Chapter

Address: 35 Shoreline Drive, New Bern, NC 28562

Phone: 252.637.3405 **Emergency Services** 877.272.7337

Email: james.jarvis3@redcross.org

Website: www.redcross.org

Hours of Operation: Call for an appointment (Except holidays)

Service(s) Offered: Services include shelter, food, emotional support to victims of disaster;

teach life-saving skills; provide international humanitarian aid and support military members and their families. They serve the communities of Brunswick, Carteret, Columbus, Craven, Duplin, Jones, Lenoir, New

Hanover, Onslow, Pamlico, Pender, and Wayne Counties.

**Agency Name:** Pamlico County Disaster Relief Coalition
Address: 11560 NC Hwy 55, Grantsboro, NC 28529

Phone: 252.670.3413

Website: <a href="https://www.pamlicocounty.org">www.pamlicocounty.org</a>
Hours of Operation: Call for an appointment

Service(s) Offered: Provides disaster/emergency services to the citizens of Pamlico County.

#### Domestic Violence/Sexual Assault

Agency Name: Coastal Women's Shelter

Address: 210 Vandemere Road, Unit B, Bayboro, NC 28515

Phone: 252.571.5486 **24-Hour Crisis Line: 252.638.5995** 

Email: cwspamlico@coastalwomensshelter.net

Website: www.coastalwomensshelter.org

Hours of Operation: Monday – Friday from 8am-5pm (Except holidays)

Service(s) Offered: Offer a comprehensive program to assist victims of abuse and sexual

violence to Craven, Jones, and Pamlico Counties. Services include a 24/7

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crisis line, a safe house, court advocacy services, support groups, and crisis counseling.

#### Education/Training

**Agency Name:** Craven Literacy Council

Address: 2507-A Neuse Boulevard, New Bern, NC 28562

Phone: 252.637.8079 Fax: 252.636.2603

Email: <a href="mailto:info@cravenliteracy.org">info@cravenliteracy.org</a>
Website: <a href="mailto:www.cravenliteracy.org">www.cravenliteracy.org</a>

Hours of Operation: Monday – Thursday from 9am-3pm (Except holidays)

Service(s) Offered: Provides Basic Literacy and English Language Proficiency, Math

Competency, Skills Related to Computers and Employment, Test-Taking Preparedness for the GED, US Citizenship, etc. Offer free confidential

tutoring for adults in Craven, Jones, and Pamlico counties.

Agency Name: NC Division of Employment and Independence for People with

**Disabilities (EIPD)** 

Address: 2832 Neuse Boulevard, New Bern, NC 28562

Phone: 252.649.6720 Fax: 252.514.4727 **Toll Free: 877.858.8470** 

Website: www.ncdhhs.gov/eipd

Hours of Operation: Monday - Friday from 8am - 5pm (Except holidays)

Service(s) Offered: Offers Supported Employment Services, Job-Seeking Skills Training, Job

Placement, and Follow Up, Independent Living Services, Assistive Technology, Client Assistance Program, and Disability Determination

Services.

**Agency Name:** Pamlico Community College

Address: 5049 NC Hwy 306 South, Grantsboro, NC 28529

Phone: 252.249.1851
Fax: 252.249.1622
Website: www.pamlicocc.edu

Hours of Operation: Monday – Friday from 7:30am-4:30pm (Except holidays)

Service(s) Offered: Offers Academic Programs, Distance Learning, Corporate and Continued

Education Training, ED2Go Online Training Courses. HRD/ Employability Skills/National Career Readiness Certificate. Also, provides a convenient location for job seekers and employers to find

employment and training assistance.

## **Employment Services**

Agency Name: Easter Seals UCP NC & Virginia

Address: 2801 Neuse Boulevard, New Bern, NC 28562

Phone: 252.636.6007 Fax: 252.636.3732

Website: hwww.easterseals.com/NCVA

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Hours of Operation: Monday - Friday from 8:30am-5pm (Except state holidays)

Service(s) Offered: Leading provider of disability related-services in the communities in

which we serve. Our purpose is to provide meaningful and exceptional services so that children and adults living with disabilities and mental health challenges can live, learn, work and play in their communities. We

serve Craven, Jones, and Pamlico Counties.

**Agency Name:** NCWorks Career Center - Craven

Address: 2836 Neuse Boulevard, New Bern, NC 28562

Phone: 252.514.4828 Fax: 252.514.4840

Email: <u>CravenCounty@ncworks.gov</u>

Website: <u>www.ncworks.gov</u>

Hours of Operation: Monday – Friday from 8am-4:30pm (Except state holidays)

Service(s) Offered: Offers Jobseeker, Veterans, and Business Services. Provides career

counseling, resume/interviewing assistance, labor market info, career assessments and WIOA Training Programs. Offers referrals to community partners i.e. DSS, Pamlico Community College, Craven-Pamlico Re-Entry Services, Coastal Community Action, any others. Career Center has a Computer Resource Center comprised of public computers, free internet,

fax, and phone services available for work search purposes.

**Agency Name:** Senior Community Service Employment Program (SCSEP)

Address: 407 East Boulevard, Williamston, NC 27892

Phone: 252.792.7816

Mobile: 252.802.1077

Fax: 252.792.2479

Website: www.ncdhhs.gov

Hours of Operation: Monday – Friday from 8:30am-5pm (Except state holidays)

Service(s) Offered: If you are 55 years or older and economically disadvantaged, the SCSEP

is available to you through the Division of Aging and Adult Services and other agencies in North Carolina. The Senior Community Service Employment Program, funded through Title V of the Older Americans Act, places individuals 55 and older who are economically disadvantaged into useful part-time community service programs while helping them

transition into unsubsidized employment.

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#### Financial/Emergency Services

**Agency Name:** Catholic Charities

Address: 502 Middle Street, New Bern, NC 28560

Phone: 252.638.2188 Fax: 252.638.2417

Email: agnes.barber@raldioc.org

Website: <a href="http://www.catholiccharitiesraleigh.org/new-bern/">http://www.catholiccharitiesraleigh.org/new-bern/</a>
Hours of Operation: <a href="http://www.catholiccharitiesraleigh.org/new-bern/">http://www.catholiccharitiesraleigh.org/new-bern/</a>
Monday - Thursday from 8:30am-12pm & 1pm-5pm

Service(s) Offered: Offers financial assistance, counseling, disaster prep & recovery, senior

pharmacy and provides referrals for clinical counseling services and other needs we cannot provide to the poor, isolated and vulnerable families in Eastern Carolina, regardless of faith. Serves Beaufort, Carteret, Craven,

Jones, Onslow, and Pamlico Counties.

**Agency Name:** Salvation Army

Address: 13708 Hwy 55 S, Alliance, NC 28509

Phone: 252.745.3828

Website: <u>www.salvationarmycarolinas.org</u>

Hours of Operation: Monday – Thursday from 8:30am-11:30am & 1pm-3:30pm & Fridays

from 8:30am-12pm

Service(s) Offered: Enhances the dignity and quality of life of individuals and families by

strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the

power of work. Provides rent/utilities assistance.

#### Food Pantries/Soup Kitchens

Agency Name: Food Bank of Central & Eastern North Carolina

Address: 1702 Red Robin Lane, New Bern, NC 28562

Phone: 252.577.1912

Website: <a href="https://www.newbern.foodbankenc.org">www.newbern.foodbankenc.org</a>
Hours of Operation: Tuesday-Thursday from 9am-3pm

Service(s) Offered: Distributes food to families who are at or below the poverty line. Serves

Carteret, Craven, Jones, Onslow, and Pamlico Counties.

Agency Name: Religious Community Services
Address: 919 George Street, New Bern, NC 28563

Phone: 252.633.2767

Phone: 252.633.2767 Fax: 252.633.1887

Website: www.rcsnewbern.com

Hours of Operation: Monday – Friday from 8am-1pm

Service(s) Offered: Assist the poor, homeless, and most vulnerable populations with

surrounding counties. Programs include the Community Kitchen, Clothing Closet, Temporary Shelter, Financial, Prescription & Transportation Assistance and Food/Clothing assistance, but we have other thriving programs to help nourish the whole person: Mind, body, and

spirit.

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Agency Name: Salvation Army

Address: 13708 Hwy 55 S, Alliance, NC 28509

Phone: 252.745.3828

Website: https://www.salvationarmycarolinas.org/

Hours of Operation: Monday – Thursday from 8:30am-11:30am & 1pm-3:30pm & Fridays

from 8:30am-12pm

Service(s) Offered: Enhances the dignity and quality of life of individuals and families by

strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the

power of work. Provides rent/utilities assistance.

#### Former Offender/Justice Involved Services

**Agency Name:** Bayboro Development Center Address: 13632-A Hwy 55, Alliance, NC 28509

Phone: 252.745.9206

Email: <u>vhimbry@twc.com | vhimbry@bayborocenter.org</u>

Hours of Operation: Please call for an appointment.

Service(s) Offered: Assist former offenders with removing employment, training, and housing

barriers to they can successfully reenter society.

Agency Name: Craven-Pamlico Re-Entry Council
Address: 705 Main Street, Bayboro, NC 28515

Phone: 252.631.9525

Email: angela.wilson@cpreentrync.org

Website: cravencc.edu

Hours of Operation: Please call for an appointment.

Service(s) Offered: Assist former offenders with removing employment, training, and housing

barriers to they can successfully reenter society.

#### Health Care

**Agency Name:** Hope Clinic

Address: 203 North Street, Bayboro, NC 28515

Phone: 252.745.5760
Fax: 252.745.5734
Website: www.hopeclinic.net
Email: sheri@hopeclinic.net

Hours of Operation: Monday – Friday from 10am-3pm & Thursday from 10am-8:30pm Service(s) Offered: Provide free medical care to low-income and uninsured adults in Pamlico

County and surrounding communities.

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**Agency Name:** MERCI Clinic

Address: 1315 Tatum Drive, New Bern, NC 28560

Phone: 252.633.1599 Fax: 252.634.9889

Email: <a href="mailto:hello@merciclinic.org">hello@merciclinic.org</a>
Website: <a href="mailto:www.merciclinic.org">www.merciclinic.org</a>

Primary Care Hours: Tuesdays & Thursdays from 8am-5pm Pharmacy Hours: Tuesdays & Thursdays from 10:30am-4pm

Service(s) Offered: Offers Free Primary Care Clinic, pharmacy and dental services to eligible

uninsured adult (ages 18-64) residents of Craven, Jones, and Pamlico

Counties at or below 300% of the Federal Poverty Level.

Agency Name: Pamlico County Health Department
Address: 203 North Street, Bayboro, NC 28515

Phone: 252.745.5111 Fax: 252.745.6548

Email: scott.lenhart@pamlicocounty.org

Website: www.pamlicocounty.org

Community Kitchen: Monday – Friday from 8am-5pm (Except county holidays)

Service(s) Offered: Strives to promote the optimal health of the residents of Pamlico

County through high quality professional services, to foster public trust, minimize identified public health risks, and ensure the safety of the environment for future generations. Services include Family Planning, CD/STD/STI Clinic, Adult Health, Immunizations, Tuberculosis Program

and Sick Care Clinic.

#### Legal Services

Agency Name: Legal Aid of North Carolina

Address: 301 Evans Street, Suite 102, Greenville, NC 27858

Phone: 252.758.0113
Fax: 252.758.2843 **Toll Free: 866.219.5262**Website: www.legalaidnc.org

Hours of Operation: Monday – Friday from 8:30-5pm

Service(s) Offered: Provides free legal help to low-income individuals in Beaufort, Carteret,

Craven, Hyde, Jones, Martin, Pamlico, Pitt, Tyrell, and Washington

Counties.

#### Library Services

Agency Name: Pamlico County Library

Address: 603 Main Street, Bayboro, NC 28515

Phone: 252.745.3515 Fax: 252.745.3847

Website: <a href="www.pamlicolibrary.com">www.pamlicolibrary.com</a>

Hours of Operation: Monday – Tuesday from 12pm-7pm, Wednesday – Thursday from 9am

7pm, Friday from 9am-6pm and Saturday 10am-2pm.

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Service(s) Offered: Creates young learners and foster lifelong learning. Provides information,

recreational, and educational materials, ample facilities, knowledgeable

staff, and access to the online world.

#### Local/County Government

Agency Name: Pamlico County Government
Address: 302 Main Street, Bayboro, NC 28515

Phone: 252.745.3133

Website: <a href="www.pamlicocounty.org">www.pamlicocounty.org</a>

Hours of Operation: Monday – Friday from 8am-5pm (Except county holidays)

Service(s) Offered: Partners with communities to deliver education and technology that enrich

the lives, land and economy of North Carolinians.

Agency Name: Pamlico County Register of Deeds
Address: 202 Main Street, Bayboro, NC 28515

Phone: 252.745.4421 Fax: 252.745.7020

Website: www.pamlicocounty.org/register-of-deeds.aspx

Hours of Operation: Monday – Friday from 8am-5pm (Except county holidays)

Service(s) Offered: Serves as a depository of record of real estate deeds or other land titles

that for the citizens of Pamlico County.

Agency Name: Town of Bayboro

Address: 301 Main Street, Bayboro, NC 28515

Phone: 252.745.4283 Fax: 252.745.6030

Email: <a href="mailto:townofbayboro@gmail.com">townofbayboro@gmail.com</a>
Website: <a href="mailto:www.townofbayboro.net">www.townofbayboro.net</a>

Hours of Operation: Monday – Friday from 8am-5pm (Except county holidays)

**Agency Name:** Town of Grantsboro

Address: 10628 NC Hwy.55, Grantsboro, NC 28539

Phone: 252.745.6511 Fax: 252.745.7705

Email: grantsboroNC@embarqmail.com

Website: www.grantsboronc.com

Hours of Operation: Monday – Friday from 8am-5pm (Except county holidays)

**Agency Name:** Town of Oriental

Address: 507 Church Street, Oriental, NC 28571

Phone: 252.249.0555 Fax: 252.745.7705

Email: manager@townoforiental.com

Website: townoforiental.com

Hours of Operation: Monday – Thursday from 8am-4pm & Friday from 8am-3pm

(Except county holidays)

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Agency Name: Town of Vandemere

Address: P. O. Box 338, Vandemere, NC 28587

Phone: 252.745.5473 Fax: 252.745.5480

Email: <a href="mailto:townofvandemere@gmail.com">townofvandemere@gmail.com</a>
Website: <a href="mailto:vandemere@gmail.com/index.html">vandemere@gmail.com/index.html</a>

Hours of Operation: Monday – Thursday from 8am-4pm & Friday from 8am-3pm

(Except county holidays)

#### Mental Health

Agency Name: Crossroads Adult Mental Health CarolinaEast Medical Center

Address: 2000 Neuse Boulevard, New Bern, NC 28561

Phone: 252.638.8204

Website: www.carolinaeasthealth.com

Service(s) Offered: Provides individualized psychiatric care in a warm, supportive

atmosphere.

**Agency Name:** Hope4NC **24-Hour Crisis Line:** 855.587.3463 Text "Hope" to: 855.587.3463

Service(s) Offered: Connects North Carolinians with emotional support and mental health

resources to help build coping skills and resilience during times of crisis. The helpline is available free of charge to everyone in North Carolina's

100 counties.

Agency Name: RHA Health Services

Address: 104 Pirates Road, New Bern, NC 28562

Phone: 800.848.0180 Fax: 919.803.2963 **24-Hour Crisis Line: 844.709.4097** 

Website: rhahealthservices.org

Service(s) Offered: Provides a team of Behavioral Health Professionals and Crisis

Intervention Specialists for on-site treatment, stabilization and support for the following counties: Brunswick, Carteret, Craven, Jones, New

Hanover, Onslow, and Pamlico.

**Agency Name:** Trillium Health Resources

Address: 201 West First Street, Greenville, NC 27858

Business Line: 866.998.2597 24-Hour Access: 877.685.2415

Website: www.trilliumhealthresources.org

Hours of Operation: Monday – Friday from 8:30am-5pm (Except federal holiday)

Service(s) Offered: Manages mental health, substance use, and intellectual/developmental

disability services in eastern North Carolina. They cover the following counties: Beaufort, Bertie, Brunswick, Camden, Carteret, Chowan, Columbus, Craven, Currituck, Dare, Gates, Hertford, Hyde, Jones, Martin, Nash, New Hanover, Northampton, Onslow, Pamlico, Pasquotank,

Pender, Perquimans, Pitt, Tyrrell, and Washington.

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#### Referral & Information Services

Agency Name: NC 2-1-1

24-Hour Hotline 2.1.1. or 888.892.1162

Website: www.nc211.org

Hours of Operation: Available 24 hours a day, 7 days a week, 365 days a year.

Service(s) Offered: NC 2-1-1 is an information and referral service provided by United Way

of North Carolina. Accessible via an easy-to-remember, three-digit number, families and individuals can call to obtain free and confidential information on health and human services and resources within their

community.

Agency Name: NCCARE360

24-Hour Hotline: **2.1.1. or 888.892.1162** 

Website: nccare360.org/request-assistance/

Hours of Operation: Available 24 hours a day, 7 days a week, 365 days a year.

Service(s) Offer: NCCARES360 is the first statewide health care and human services

organizations with a shared technology that enables a coordinated, community-oriented, person-centered approach for delivering care in North Carolina. NCCARE360 helps providers electronically connect those with identified needs to community resources and allow for feedback and follow up. This solution ensures accountability for services delivered, provides a "no wrong door" approach, closes the loop on every referral made, and reports outcomes of that connection. NCCARE360 is available

in all 100 counties across North Carolina.

#### Rent/Utilities/Housing

Agency Name: Catholic Charities

Address: 502 Middle Street, New Bern, NC 28560

Phone: 252.638.2188 Fax: 252.638.2417

Email: agnes.barber@raldioc.org

Website: www.catholiccharitiesraleigh.org/new-bern/

Hours of Operation: Monday - Thursday from 8:30am-12pm & 1pm-5pm

Service(s) Offered: Offers financial assistance, counseling, disaster prep & recovery, senior

pharmacy and provides referrals for clinical counseling services and other needs we cannot provide to isolated and vulnerable families in Eastern Carolina, regardless of faith. Serves Beaufort, Carteret, Craven, Jones,

Onslow, and Pamlico Counties.

**Agency Name:** Coastal Community Action

Address: 303 McQueen Ave., Newport, NC 28570

Phone: 252.223.1630 Fax: 252.223.1689

Email: <u>catissa.head@coastalca.org</u>

Website: <u>www.coastalca.org</u>

Hours of Operation: Monday – Friday from 8am-5pm

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Service(s) Offered: Help change lives by providing needed resources and support. Provides

needed services to thousands of residents in our region annually. This includes Head Start and Early Head Start program. Serve the following

counties: Carteret, Craven, Jones, and Pamlico Counties.

**Agency Name: Department of Social Services** 

Address: 828 Alliance Main Street, Bayboro, NC 28515

Phone: 252.745.4086 Fax: 252.745.7384

dgreen@pamlicodss.net Email: Website: www.pamlicocounty.org

Monday - Friday from 8am-5pm Hours of Operation:

Service(s) Offered: Provides Children's Services, Child Support, Adult Services, Energy

Assistance Support, Food Stamp/Work First (TANF), Medicaid and

Transportation for the citizens of Pamlico County.

**Agency Name:** Twin Rivers Opportunities, Inc. Address: 318 Craven Street, New Bern, NC 28560

Phone: 252.637.3599 Fax: 252.637.0507

Email: tro section8@earthlink.net Website: www.twinrivershousing.com

Hours of Operation: Monday – Thursday from 8am-5pm

Service(s) Offered: Provides housing assistance and home ownership opportunities to very

> low-income families residing in Craven, Jones, and Pamlico Counties. This includes Section 8 Rental Assistance, FSS Programs and housing

counseling.

#### Senior/Home Health Services

**Agency Name:** 3HC, Inc.

Address: 150 Techon Way, Pollocksville, NC 28573

Phone: 252.527.3869 Fax: 252.224.0329 Toll Free: 800.753.4443 24-Hour Referral: 800.692.4442 Website: www.3hc.org

Monday – Friday from 8am-5pm (Except federal holidays) Hours of Operation:

Service(s) Offered: Continues to provide quality care in the comfort of the place you call

> home through an array of services, such as skilled nursing, physical therapy, occupational therapy, speech therapy, social work and home

health nursing aides. Serves Craven, Jones, and Pamlico Counties.

**Agency Name: Coastal Community Action** 

303 McQueen Ave., Newport, NC 28570 Address:

Phone: 252.223.1630 Fax: 252.233.1689

Email: catissa.head@coastalca.org

Website: www.coastalca.org

Hours of Operation: Monday – Friday from 8am-5pm

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Service(s) Offered: Offers Foster Grandparent Program, Retired & Senior Volunteer, Senior

Companion, HUD Section 8 Rental Assistance, Weatherization Assistance, Essential Single-Family Rehab Program, Heating/Air Repair

& Replacement Program & Children's Services.

**Agency Name:** Department of Social Services

Address: 828 Alliance Main Street, Bayboro, NC 28515

Phone: 252.745.4086 Fax: 252.745.7384

Email:dgreen@pamlicodss.netWebsite:www.pamlicocounty.org

Hours of Operation: Monday - Friday from 8am-5pm

Service(s) Offered: Provides Children's Services, Child Support, Adult Services, Energy

Assistance Support, Food Stamp/Work First (TANF), Medicaid and

Transportation for the citizens of Pamlico County.

Agency Name: Eastern Carolina Council

Address: 233 Middle Street, Suite 300, New Bern, NC 28563

Phone: 252.638.3185 ext. 3001

Fax: 252.638.3187

Email: <a href="mailto:eccadmin@eccog.org">eccadmin@eccog.org</a>
Website: <a href="mailto:www.eccog.org">www.eccog.org</a>

Hours of Operation: Monday – Friday from 8am-5pm (Except holidays)

Service(s) Offered: Advocates, plans, develops and supports comprehensive system of quality

services designed to attain and preserve quality of life, health, and independence of older adults, individuals with disabilities, and caregiver.

Agency Name: Hospice of Pamlico County

Address: 602 Main Street, Bayboro, NC 28515

Phone: 252.745.5033 Fax: 252.745.7025

Website: <a href="https://www.hospiceofpamlico.org">www.hospiceofpamlico.org</a>
Hours of Operation: 24 hours a day, 7 days a week

Service(s) Offered: Provides the highest quality end-of-life care and support of individuals and

their families, and to enhance the purpose, dignity, grace, and fullness of every day of life. Serves the needs of the terminally ill patients and their

families in Pamlico, Beaufort and Craven Counties.

Agency Name: Pamlico County Senior Center
Address: 800 Main Street, Alliance, NC 28515

Phone: 252.745.7196 Fax: 252.745.3144

Website: <a href="www.pamlicocounty.org/senior-services.aspx">www.pamlicocounty.org/senior-services.aspx</a>

Hours of Operation: Monday – Friday from 7:30am-5pm (Except holidays)

Service(s) Offered: Promote and improve the well-being of older adults and to develop and

provide appropriate facilities and services to older adults to enhance their

quality of life.

## Services for the Blind

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Agency Name: NC Division of Services for the Blind

Address: 3240 Burnt Mill Drive, Suite 7, Wilmington, NC 28403

Phone: 910.251.5743 **Toll-Free: 800.422.1884**Fax: 910.251.2660

Email: jordan.thomas@dhhs.nc.gov

Website: <u>www.ncdhhs.gov</u>

Hours of Operation: Monday – Friday from 8am-5pm (Except federal holidays)

Service(s) Offered: Provides services to people who are visually impaired, blind, and deaf-

blind to help them reach their goals of independence and employment. Counties served: Bladen, Brunswick, Carteret, Columbus, Craven, Duplin, Jones, New Hanover, Onslow, Pamlico, Pender, and Wayne.

#### Services for Deaf & Hard of Hearing

Agency Name: NC Division for the Deaf & Hard of Hearing

Address: 2705 Wooten Boulevard, Wilson, NC 27893

Phone: 252.243.3104
Toll Free: 800.999.6828
Video Phone: 252.674.1141
TTY: 252.243.1951
Toll Free TTY: 800.205.9925
Fax: 252.243.7634

Email: usherla.deberry@dhhs.nc.gov

Website: www.ncdhhs.gov

Hours of Operation: Monday – Friday from 8am-5pm (Except federal holidays)

Service(s) Offered: Work to ensure all Deaf, Hard of Hearing, or Deaf-Blind North

Carolinians have the ability to communicate their needs and to receive information easily and effectively in all aspects of their lives. Counties served: Beaufort, Bertie, Camden, Chowan, Craven, Currituck, Dare, Edgecombe, Gates, Greene, Halifax, Hertford, Hyde, Lenoir, Martin, Northampton, Pamlico, Pasquotank, Perquimans, Pitt, Tyrrell,

Washington, Wayne and Wilson.

#### Substance Abuse Services

Agency Name: Alcoholics Anonymous Eastern North Carolina

**24-Hour Hotline: 252.633.3716** 

Website: <u>www.aaeasternnc.org</u>

Service(s) Offered: NA is a global, community-based organization with a multilingual and

multicultural membership. Membership is free. Down East Area covers the following counties: Beaufort, Carteret, Craven, Jones, Pamlico, Pitt,

and Wayne.

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Agency Name: Coastal Coalition for Substance Abuse Program

Address: 601 Broad Street, New Bern, NC 28563

Phone: 252.649.1615 Website: <u>www.ccsap.org</u>

Service(s) Offered: Collaborates with stakeholders to reduce substance abuse among youth

and adults by promoting the factors that minimize the risk of substance abuse and by addressing the factors in the community that increases the risk of substance abuse. Creating communities Free from Substance Abuse

in Carteret, Craven, Jones, Onslow and Pamlico Counties.

Agency Name: NC Region of Narcotics Anonymous - Down East Area

Address: DEANA, P. O. Box 590, Bridgeton, NC 28519

**24-Hour Hotline: 866.321.1631** 

Website: <a href="www.ncregion-na.org/down-east-area">www.ncregion-na.org/down-east-area</a>

Service(s) Offered: Narcotics Anonymous is a global, community-based organization with a

multilingual and multicultural membership. Membership is free. Down East Area covers the following counties: Beaufort, Carteret, Craven,

Jones, Pamlico, Pitt, and Wayne.

#### **Transportation**

**Agency Name:** Craven Area Rural Transit System (CARTS)

Address: 1106 Clarks Road, New Bern, NC 28562

Phone: 252.636.4917 Fax: 252.636.4919

Website: www.cravencountync.gov

Hours of Operation: Monday – Friday from 7am-5:15pm (Except county holidays)

Service(s) Offered: Public transit system offering the Omnibus fixed route system for set

locations within New Bern. Transportation to other locations within the county is available based on availability. Please call CARTS to schedule transportation no less than two business days in advance. Fares range from \$1.00 to \$6.75 per trip determined by the distance. Vehicles are accessible to accommodate most mobility devices. CARTS provides service in

Craven, Jones, and Pamlico Counties.

#### Veteran Services

Agency Name: Department of Veterans Affairs – Durham VA Medical Center

Address: 508 Fulton Street, Durham, NC 27705

Phone: 919.286.0411 **Toll Free: 888.878.6890** 

Website; <u>www.durham.va.gov</u>

Service(s) Offered: VA's medical center provides the following services: primary care and

specialty care services, behavioral health services, personal care,

laboratory and prescriptions.

Agency Name: Department of Veterans Affairs – Greenville Health Care

Center

Address: 401 Moye Boulevard, Greenville, NC 27834

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Phone: 252.830.2149

Website: www.durham.va.gov/locations/Greenville.asp

Hours of Operation: Monday - Friday from 8am-4:30pm (Except federal holidays)

Service(s) Offered: VA's medical center provides the following services: primary care and

specialty care services, behavioral health services, personal care,

laboratory and prescriptions.

Agency Name: NCSERVES

24-Hour Hotline: **2.1.1. or 888.892.1162**Website: nccare360.org/ncserves/

Hours of Operation: Available 24 hours a day, 7 days a week, 365 days a year.

Service(s) Offer: NCServes joins forces with NCCARE360, bringing coordinated care and

resources to North Carolina's military community. "Unifying the technology and resources of NCCARE360 and NCServes brings an improved experience for North Carolina's military community," said Jeff Smith, Military and Veterans Program Liaison, North Carolina Department of Health and Human Services. "By joining forces, we will increase the number of resources available to our active-duty service

members, veterans and their families."

Agency Name: Veteran Crisis Line 24 Hour Hotline: 988 and Press 1

Chat: www.veteranscrisisline.net

Text: 838255

Website: https://www.veteranscrisisline.net/

Service(s) Offered: If you're a Veteran in crisis or concerned about one, there are caring,

qualified VA responders standing by to help 24 hours a day, 7 days a week. It is a free, anonymous, confidential resource that's available to anyone, even if you're not registered with VA or enrolled in VA health care.

**Agency Name:** Veteran's National Call Center for Homeless Veterans

24 Hour Hotline: 877.424.3838

Website: www.va.gov/homeless/nationalcallcenter.asp

Service(s) Offered: Free Help for Homeless Veterans. Veterans who are homeless or at risk of

homelessness—and their family members, friends and supporters—can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24

hours a day, 7 days a week.

**Agency Name:** VetCenter

Address: 221 Memorial Drive, Jacksonville, NC 28546

Phone: 910.577.1100

Website: <u>www.vetcenter.va.gov</u>

Hours of Operation: Monday - Friday from 7:30am-4:30pm

Service(s) Offered: Offers confidential help for Veterans, service members, and their families

at no cost in a non-medical setting. Services include counseling for needs such as, posttraumatic stress disorder (PTSD), and the psychological

effects of military sexual trauma (MST).

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**Agency Name:** Women Veterans Health Care

24 Hour Hotline: 855.829.6636

Website: www.womenshealth.va.gov

Hours of Operation: Monday - Friday from 8am-10pm, Saturdays 8am-6:30pm

Service(s) Offered: Provides primary care, mental health care and reproductive health care

services. VA provides management of acute and chronic illnesses, preventative care, contraceptive services, menopause management,

screenings, including pap smear, and gynecology.

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